



news release

client: NEWTON VETERINARY HOSPITAL
date: IMMEDIATE
contact: AGENCY
Joan McNally
(973) 227-8080, ext. 29
jmcnally@turchette.com

client: Karen Loree
kloree@newtonvet.com
973-383-4321

Newton Veterinary Hospital's Dr. Don Costlow in Conjunction with the Sussex County YMCA Presents the "You and Your Best Friend" Walking Program

Introductory workshop on September 6th, 9:00AM at Sussex County YMCA

Newton, NJ – Dr. Don Costlow, President of the Newton Veterinary Hospital (NVH), the largest veterinary hospital in Sussex County, in conjunction with the Sussex County YMCA in Hardyston, presents the "You and Your Best Friend" walking program. An introductory workshop will be held on September 6th, at 9:00AM at the Sussex County YMCA to review basic program guidelines, required vaccinations, safety tips and the health benefits of exercise and proper nutrition for your dog.

The program is designed for people and their dogs to take weekly group walks throughout various locations in Sussex County. The program is designed to:

- Improve the health of your dog
- Improve the socialization of your dog
- Give dog owners the opportunity to spend enjoyable time with their best friend in a new environment

- Give dog owners the opportunity to meet other people who also love their dogs

“Although this program is primarily designed to improve the health of dogs, their owners will experience many benefits, as well,” says Dr. Costlow. “Walking is an excellent exercise and even more enjoyable when you’re doing it with your best friend and other like-minded people, in a beautiful new part of Sussex County every week.”

The group walks will last approximately a half hour to an hour and begin on Saturday, September 13th at 9:00AM and be held every Saturday at 9:00AM through November 1st. Attendance to the workshop and a \$20 registration fee is required.

For more information about the program and to register, please attend the introductory workshop on Saturday, September 6th at 9:00AM at the Sussex County YMCA. The Sussex County YMCA is located at 15 Wits End Road, Hardyston, NJ. For directions, please call (973) 209-9622.

About Newton Veterinary Hospital

The Newton Veterinary Hospital (NVH) is the first and only, 24 hours a day, 7 days a week (including holidays) emergency and well care veterinary hospital in Sussex County. NVH has 13 doctors and over 70 staff members to ensure that the most up to date, comprehensive pet care is available around the clock. In addition to providing the very best in veterinary care, we offer a number of other services, including: Expert grooming at our Pet Salon; A Bed & Breakfast Hotel for dogs and Cat Condos for cats while owners are away; and a competitively priced Retail Store. For more information please visit www.newtonvet.com; call (973) 383-4321; or contact Dr. Don Costlow, Owner and President of Newton Veterinary Hospital, at info@newtonvet.com.

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